

Rosary every weekday morning before 10am Mass. **Eucharistic Service** in Glounthaune Church, Saturdays at 10am.

The Legion of Mary meet on Thursday nights at 7.30pm in the church centre. New members welcome. Contact 086 2524718 for information.

Christian Meditation each Friday from 10.30am to 11am in the prayer room, Church Centre. Everyone welcome. Contact 021 4354479 or 087 6697664.

There will be a second collection taken up at all Masses this weekend for Irish Bishops Commissions. This collection helps fund the work of the Irish Bishops' Conference and its agencies and commissions.

The Matt Talbot Mass and Novena will conclude on this Friday 18th March at 7.30pm in The Way of the Cross Church, Togher. The Celebrant and preacher will be **Very Reverend William Crean, Bishop of Cloyne.** Everybody is welcome as we pray for all who are carrying the cross of suffering at this time. There will be a cup of tea afterwards in the Parish Office.

Two Day Pilgrimage/Retreat May 22nd & 23rd 2016 to Knock Shrine & Lough Derg Coach to Knock shrine on Sunday May 22nd with stop in Knock for 4-5 hours before travelling onto Bundoran for dinner B&B. On Day 2 travel to Pettigo for the 10am ferry crossing to Lough Derg and back to the mainland for 4pm. Transport home with evening meal on route. Price is €195 pps or €215 Single Supplement with everything included. For booking details contact Cormac on 087-6167835. Office 023-8849196 or Denise 087-7688561.

Items for the newsletter should be submitted by Wednesday at 5pm. Email

glounthauneparish@eircom.net or phone 021 4353366.

Gaeilge Bheo. Luan 21 Márta agus 4 Aibrean. 8 - 9.30in, Ionad an Phobail, An Gleanntán. Fáilte roímh chách! Eolas; Sean 4353344.

'Life is so very, very short. Why spend even one day doing something which you have outgrown? When something stops working for you, it is time to move on.'
~Joe Armstrong No one likes anything that is stale or sour. We are all familiar with the taste of sour milk or bread that has gone off. It is quickly put to one side and we replenish with fresh supplies. There are many things in life that have gone stale or sour. What once brought us life, energy and enthusiasm may have become stale and lifeless. This often happens over a period of time and often so quietly we don't even notice it. Then one day something upsets us or we have to work through something very difficult in our lives. It is then we realise we are in that place and very often we tend to remain in that situation. One message of Lent is that it's possible to step out of that place and into something much better. If we have outgrown something and its clearly not working, then it's time to move on. There is much to move onto that can be life giving and positive. Perhaps in time this too may become stale but one of the many Gospel messages is not to become a slave to anything that's static, stale or not life giving. What is not working for you at the moment? What have you outgrown? Can you choose something new and much more life giving during these last few weeks of Lent?

Todayismygifttoyou.com

Masses for the week ahead

Monday 14th Glounthaune @ 10am: -----
Monday 14th Little Island @ 7pm: -----
Tuesday 15th Glounthaune @ 10am: Michael Smith and John Cashman
Tuesday 15th Little Island @ 7pm: -----
Wednesday 16th Glounthaune @ 10am: May Finn
 **Wednesday 16th Glounthaune @ 6pm:** Matt Murphy
 **Thursday 17th Glounthaune @ 9.30am:** Leah Long and Jerry Dempsey
 **Thursday 17th Knockraha @ 10.30am:** Patrick O'Callaghan
 **Thursday 17th Little Island @ 11.30am:** John Horgan
Friday 18th Glounthaune @ 10am: Mass for the people of the parish
Friday 18th Little Island @ 7pm: -----

Mass Intentions 19th/20th March

Saturday, Glounthaune @ 6pm: Mary & Con Cashman
Sunday, Glounthaune @ 9.30am: Noreen Prior
Sunday, Knockraha @ 10am: -----
Sunday, Little Island @ 11am: Dan Collins First Anniversary and Annette Cremin
Sunday, Glounthaune @ 12 noon: May Dunne First Anniversary and Cormac Hughes

Spring Station Masses

Windsor Hill, Corryfield & Sunville in the home of Cora & Owen Cashman on Friday 18th March @ 8pm
Lackenroe & Carbertown in the home of Catherine & John Murphy on Tuesday 29th March @ 8pm.
Island Cross in the home of Carmel O'Sullivan on Friday 1st April @ 8pm.
Blossomgrove, Ballyvisteale & Ballinagoul in the home of Tom & Martina Murphy on Monday 4th April.

Killahora South & Killacloyne in the home of Eleanor & Eddie Tanner.

Thank you to those who have volunteered to host the station Mass in their homes this spring. We are appealing to families to host the Mass in the following areas: Killeena, Maryville & Glenmore, Caherlag & Rougrane, Anmount, Richmond & Ballinglanna, Dunkettle, Woodville & North Esk, Courtstown, Brooklodge Village, Newline, The Acres & Copperalley, Ballyvinny & Coolnacaha, Highlands North & Cois Chuain, Highlands Central, Rockgrove, Kilcoolishal & Tower Hill, Glyntown, Corbally & Chestnut Meadows, Ballyverry & Castlevew, Johnstown. **If you would like to host a station Mass but have it celebrated in the Church Centre, we would be delighted to hear from you too. Perhaps a few areas could get together and organize this. Contact the parish office (021 4353366) if you are interested in hosting the Mass in your home or in the Church centre.**

St Patrick's Breastplate

*Christ with me,
Christ before me,
Christ behind me,
Christ in me,
Christ beneath me,
Christ above me,
Christ on my right,
Christ on my left,
Christ when I lie down,
Christ when I sit down,
Christ when I arise,
Christ in the heart of every man who
thinks of me,
Christ in the mouth of everyone who
speaks of me,
Christ in every eye that sees me,
Christ in every ear that hears me.*

It is a condition of acceptance of any notice or advertisement for this newsletter that no liability whatsoever is accepted for any loss or damage suffered by anyone by virtue of inaccuracies, errors, misstatements or otherwise.

Knockraha ICA Easter Raffle

Lines for our Annual Charity Fundraiser, the Easter Hamper raffle, are now available from members. There are lots of lovely well filled hampers to be won and we will be selling lines for these at Knockraha Mass on Sunday next March 20. This year, we will be dividing the takings between Marymount Hospice and the ICA nominated charity of the year, Pieta House, a suicide and self-harm crisis centre. Lines cost €2 each, three for €5. The draw will be held in the Community Centre after the Good Friday Church Ceremonies.

Earth Hour 8.30 – 9.30pm on Saturday, 19th March

Earth Hour is an annual environmental campaign that brings attention to the effects of climate change by asking people to switch off lights at homes and businesses for an hour at 8.30pm local time on a Saturday in late March.

We invite you to join us for a celebration of **Earth Hour** on Saturday, 19th March from 8.30 to 9.30pm in the Crypt, Church of the Descent of the Holy Spirit, Dennehy's Cross. Electric lights will be switched off and we will have an hour of readings, music, poetry and prayers by candlelight. Feel free to bring along a reading to share.

Faith in Action Group, Ballinaspig Parish

Leeside AFC: Lotto Results: Numbers: 7, 13, 19 & 26. No Winner! €30 Winners:

Shane Carry, Kevin Coffey & Beth Coomey. Next week's Jackpot: **€20,000**. 2nd Jackpot: **€600**

Leeside AFC Academy Contacts

- 2009 (Under 6s & 7s) Conor Murray 0863394255
- 2008 (Under 8s) Conor Murray on 0863394255
- 2007 & 2006 (Under 9s & 10s) - Contact Cathal Kelly on 0877995499
- 2005 (Under 11s) Contact Nick 0860827925
- 2004 - (Under 12s) Contact Paidi O' Sullivan on 087 7859314
- Girls born 2003, 2004 & 2005 (Under 12s & 14s) Contact John Gettings 087 2104629
- For all other training queries contact Club Secretary Barry Cotter on 0852105006

Erins Own Lotto Results – 9th March. Numbers drawn: 7,21,22,26. No winner. €30: G Power, J Kelleher, E. Murphy. Next week's jackpot: €2,300.

Cork Tag Rugby will hold a **Charity Tag Rugby Blitz** on Friday March 25th to launch their Spring/Summer league at Highfield RFC on the Model Farm Road. The blitz will begin at 6pm and it promises to be an evening of great entertainment. Teams cost €150 to enter and funds raised on the night will benefit the **Cork Association for Autism (CAA)**. Please come along and support. For further information or to book your place email corktagrugby@gmail.com or visit their website www.corkastrorugby.com.

Glounthaune Parish Newsletter – Sunday 13th March Fifth Sunday of Lent

Fr Ted Sheehan – 087 2033756

Fr John Heinhold – 087 1689292

Emergency – 086 8845055

Parish Office – 021 4353366

Parish Office Opening Hours

Monday – 9am – 1pm & 6pm – 7pm

Tuesday: 9am - 1pm.

Thursday: 9am - 1pm & 5.30pm – 7.30pm

Friday: 9am - 1pm

Weekday Mass Times for Lent

Monday to Friday @ 10am in Glounthaune and at 7pm in Little Island.

Weekend Mass Times

6pm, 9.30am & 12noon in Glounthaune.

10am in Knockraha & 11am in Little Island.



Mass times for St Patrick's Day

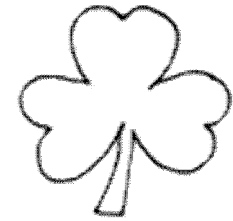
Vigil Mass @ 6pm on Wednesday 16th March in Glounthaune.

St Patrick's Day at 9.30am in Glounthaune, 10.30am in Knockraha & 11.30am in Little Island.

Adoration of the Blessed Sacrament is held in our Parish on

Tuesday 7pm – 9pm in the Church Centre
Wednesday 10am – 6pm in the Church Centre

Friday 4pm – 7pm in Little Island



First Friday: Knockraha - Rosary at 7pm, Mass at 7.30pm and exposition of the Blessed Sacrament after Mass.

St Vincent de Paul Helpline
021 4270444 or 087 1520360

Where in the world are you family and Friends? Glounthaune parish wants to remember all parishioners' family and friends that are living abroad. There will be a map in all 3 churches, Knockraha, Glounthaune and Little Island. We encourage you to place a pin on the map where your love one lives.

There will also be baskets at the back of the three churches. Please write the name(s) of your loved ones abroad on the cards provided and place the cards in the basket. These names will be brought to the altar with the Shamrock on St Patrick's Day.

"You can kiss your family and friends goodbye and put miles between you, but at the same time you carry them with you in your heart because you do not just live in a world but a world lives in you."



Donations of Daffodils needed for our churches for St Patrick's Day. Please bring to the churches by lunch time on Wednesday. Thank you.